



FORT WAYNE NEWSPAPERS and FortWayne.com  
**2008 READERS' PICKS BEST OF...**



**Winner for Best Doctor: Angela LaSalle, MD**

Once upon a time a young woman aspired to be a physician. Following graduation from Snider High School, she enrolled in IPFW's premed program, only to change courses and enter nursing.

Medical training ultimately won out, however, and readers recently cited Angela LaSalle M.D. as Best Physician.

"I'm very honored and excited," LaSalle said, a three-year affiliate with Fort Wayne Endocrinology, 5010 W. Jefferson Blvd.

Fort Wayne Endocrinology opened in 2000 specializing in diabetes, thyroid, hormone replacement therapy and related endocrine issues.

Staff consists of LaSalle, Dr. Ashok Kadambi, owner, and a nurse practitioner.

**Angela LaSalle, MD**  
**Fort Wayne Endocrinology**  
 5010 W. Jefferson Blvd., Fort Wayne  
 (260) 436-1248  
**Hours:** Mon. - Thu., 8 a.m. to 5 p.m.;  
 Fri., 8 a.m. to 1 p.m.  
**Web site:** [www.ftwendo.com](http://www.ftwendo.com)

As a specialist in Integrative Medicine, LaSalle combines medicine with standard treatment for a more holistic preventive and treatment plan.

"Many patients are looking to optimize their health, and there are those looking for a better hormonal balance," she said. "We're seeing a lot of pre-diabetes, metabolic and thyroid issues, which contribute to a lot of diseases. Hormone balance is critical in maintaining good health and a preventive strategy."

The northeast Fort Wayne resident completed undergraduate work at IPFW, earning a Bachelor's Degree in Nursing. She graduated from Indiana University School of Medicine and completed residency through the Fort Wayne Medical Education Program.

Board certified in Family Medicine, LaSalle also completed an Associate Fellowship in Integrative Medicine at the University of Arizona, studying under Andrew Weil, M.D., program director and best-selling author and world-renowned pioneer in the field.

Winning Reader's Pick validates her work, she said. "It's just confirming that it's the right thing to take the extra time with a patient, and work on lifestyle management. It's really the key to promoting good health."



Dr. Angela LaSalle, of Fort Wayne Endocrinology, combines alternative and traditional medical treatments for a more holistic treatment plan.